

Morning

Evening

M

Gym B | 5:30-7:30am Men's Basketball
Gym A | 5:45-8am 4 Shore Fit
Room 101 | 8:30-9:30am Jazzercise
Gym A | 9:30-10:30am Zumba Gold

Gym A | 5-6:30pm 4 Shore Fit
Room 101 | 6-7pm Jazzercise
Gym A | 6:40-8pm Sharks

T

Gym A | 5:45-8am 4 Shore Fit
Room 101 | 8:30-10am Jazzercise
CF | 8:30-10am Yoga-Pilates
Gym A | 10-11am Senior Fit
CF | 12-4pm Bridge

Gym A | 5-6:30pm 4 Shore Fit
Room 101 | 6-7pm Jazzercise
Gym B | 6-8pm Pickleball
Gym A | 6:30-8:30pm Sharks

W

Gym B | 5:30-7:30am Men's Basketball
Gym A | 5:45-8am 4 Shore Fit
Room 101 | 8:30-9:30am Jazzercise
Gym A | 9:30-10:30am Zumba Gold
CF | 9-2pm Ladies Bridge (3rd & 4th Wed.)

Gym A | 5-6:30pm 4 Shore Fit
Room 101 | 6-7pm Jazzercise
Gym B | 6:40-8pm Sharks

T

Gym A | 5:45-8am 4 Shore Fit
Room 101 | 8:30-10am Jazzercise
CF | 8:30-10am Yoga-Pilates
Gym A | 10-11am Senior Fit

Gym A | 5-6:30pm 4 Shore Fit
Room 101 | 6-7pm Jazzercise
Gym B | 6-8pm Pickleball
Gym A | 6:30-8:30pm Sharks

F

Gym A | 5:30-8am Men's Basketball
CF | 8am-1pm Bridge
Room 101 | 8:30-9:30am Jazzercise
Gym A | 9:30-10:30am Zumba Gold
Room 101 | 10-11am Senior Fit

Morning

Evening

Theatre | 8-9am Jazzercise

Gym B | 6-8:45pm Pickleball

S

Room 209 | 8:30-10am Yoga-Pilates

Theatre | 7:30am-12pm Life Church

Gym B | 12:30-5:45pm Pickleball

S

Room 209 | 7:30am-12pm Life Church

Gym B | 7:30am-12pm Life Church