

# Facility Schedule Fall 2023

<p><b>M</b></p> <p>Gym A   5:30-8am Men's Basketball            Gym B   5:45-8am 4 Shore Fit            Theater   8:30-9:30am Jazzercise            Gym B   9:30-10:30am Zumba Gold</p>	<p>Gym B   1:30-5:30pm ASP            Gym A   2:00-4:00p Sharks            Theater   5-6:30pm 4 Shore Fit            Room 101   6-7pm Jazzercise            Gym B   5:45-9pm GBSA            Gym A   4:30-9pm GBSA</p>
<p><b>T</b></p> <p>Gym B   5:45-8am 4 Shore Fit            Theater   8:30-10:30am Jazzercise            209   8:30-9:30am Yoga-Pilates            Gym A   10-11am Senior Fit            Clay Ford   12-4pm Bridge            Gym A &amp; B   11:30-1:30pm Open Pickleball</p>	<p>Gym B   1:30-5:30pm ASP            Gym A   2:00-4:00p Sharks            Theater   5-6:30pm 4 Shore Fit            Room 101   6-7pm Jazzercise            Gym B   5:45-9pm GBSA            Gym A   4:30-9pm GBSA</p>
<p><b>W</b></p> <p>Gym A   5:30-8am Men's Basketball            Gym B   5:45-8am 4 Shore Fit            Theater   8:30-9:30am Jazzercise            Gym B   9:30-10:30am Zumba Gold            101   10-11am Senior Fit</p>	<p>Gym B   1:30-5:30pm ASP            Gym A   2:00-4:00p Sharks            Theatre   5-6:30pm 4 Shore Fit            Room 101   6-7pm Jazzercise            Gym B   5:45-9pm GBSA            Gym A   4:30-9pm GBSA</p>
<p><b>R</b></p> <p>Gym B   5:45-8am 4 Shore Fit            Theater   8:30-10:30am Jazzercise            209   8:30-9:30am Yoga-Pilates            Gym A   10-11am Senior Fit            Gym A &amp; B   11:30-1:30pm Open Pickleball</p>	<p>Gym B   1:30-5:30pm ASP            Gym A   2:00-4:00p Sharks            Theater   5-6:30pm 4 Shore Fit            Room 101   6-7pm Jazzercise            Gym B   5:45-9pm GBSA            Gym A   4:30-9pm GBSA</p>
<p><b>F</b></p> <p>Gym A   5:30-8am Men's Basketball            Clay Ford   8am-1pm Bridge            Theater   8:30-9:30am Jazzercise            Gym B   9:30-10:30am Zumba Gold            Gym A   10-11am Senior Fit</p>	<p>Gym B   1:30-5:30pm ASP            Gym A   2:00-4:00p Sharks            Gym B   5:45-9pm GBSA            Gym A   4:30-9pm GBSA</p>
<p><b>Sa</b></p> <p>Theatre   8-9am Jazzercise            Room 209   8:30-9:30am Yoga-Pilates            Gym A &amp; B   8:00-4pm GBSA Games            Room 101   9:00-10:00am Zumba</p>	<p>Gym B   6-9pm Pickleball            Gym A   6-9pm Open Gym</p>
<p><b>Su</b></p> <p>Theatre   7:30am-12pm Life Church            Room 209   7:30am-12pm Life Church            Gym B   7:30am-12pm Life Church</p>	<p>Gym B   12:30-6pm Pickleball            Gym A   12:30-6pm Open Gym Basketball</p>